



Turk(ish)

By Poppy Plowman, featuring Zara Hudson



The Piece

Turk(ish) is an autobiographical piece using contemporary circus, live music, dance and storytelling to discuss personal struggles of identity and Western beauty standards.

The aim is to create an all-inclusive show that explores intersectionality in a way that proactively embraces identity to inspire anti oppressive attitudes to emerge from the audience.

Link to trailer:
<https://www.youtube.com/watch?v=V2sP87eJ-Eo>

Link to Full Show & Promotional Pictures available upon request.

About Us



Poppy is a British circus artist with Turkish Cypriot origins. She experienced her lower education in several different circus schools across Europe before graduating from **CNAC** in 2018. Her culturally diverse education taught her a high level of technical skills and an academic knowledge of circus.

She has since performed in circus companies across Europe including: **Le Cirques des Petites Natures, Race Horse Company, Gorilla Circus, The Revel Puck Circus & NoFit Sate Circus.**

Her professional experience has given her an understanding of circus and how she would like to contribute to its evolution, equipping her with the technical and emotional skills to do so.



Zara Hudson is a Freelance Cellist, Cello Teacher and Member of the Hudson Quartet. Zara attended the junior Guidhall School of Musis and Drama before moving to the Chetham's School of Music in Manchester.

She was later awarded an entrance scholarship and the Michael Warren Bursary in her first year at the Royal College of Music.

She is a member of Chineke, an orchestra with whom she has recorded several Cds and also works with the Hofesh Schecheter Dance Company and is an original member of The House of Garage Orchestra.

Technical Requirements

Stage

Turk(ish) can be performed indoors and in green field spaces.

Stage dimensions should be minimum:

Width 10m / Depth 8m / Height 5m

Audience: Ideally frontal but adaptable to to 360.

Equipment

Poppy Plowman provides all props, scenography & circus equipment that is transported by van.

x2 1m80 tight wire platforms, x1 1600kg turfer, x1 compression spring, x1 7m walking cables, x1 2T 1m straps, x5 3.2T shackles, x2 2T shackles, x1 50m rope, x1 swivel, x1 pullie WLL 500kg, x3 carabiners 27kn, x1 hair hanging ring, x6 steaks, x2 steak plates.

Props & scenography include: x1 2m by 3m Turkish rug, x1 chair, x1 60cm by 70 cm mirror, x1 large gold bowl, x1 Indian Barbie, x1 A2 Photo and frame, x1 screen divider, x2 1m60 easels, x1 large sheet, x1 reef, x1 cloths rail, x4 coat hangers, x4 costumes, x1 tight wire shoes, x1 ballroom dancing shoes.

Light & Sounds

Poppy Plowman will provide the following sound equipment:

EK 100 G4 Camera Receiver, SK 100 G4 Bodypack Transmitter ME 2 clip-on Microphone, CL 1 3.5 mm Jack Cable, CL 100 XLR to 3.5 mm Jack Adapter Cable, DPA CORE 4099C Cello Clip Mic

Venue must provide: PA System (& Lighting & Inhouse Technician if indoors). Full Cue Sheet available upon request.

Floor Rigging

Floor rigging is not a necessity as the show can be performed on a freestanding tight wire however a rigged tight is preferred as it would allow for a larger range of technique.

The rigged tight wire requires x2 floor/wall rigging points of 1500kg minimum. These rigging points should be located upstage minimum 2m from back of stage and a minimum of 11m apart. If outdoors it is possible to rig off of trees or to implant x6 steaks into the ground.

Aerial Rigging

Turk(ish) requires one aerial rigging point which needs a minimum height of 5m and a WLL of 500kg. The aerial rigging point needs to be 1m upstage of the tight wire and 2m from the edge or sides of the stage.

If outdoors it is possible to rig off trees if approved by a qualified arborist. Rental of a free standing rig is also possible but cost will be added to fee.

Performance Info

Length: 45minute

Recommended Audience: from 7 years

Disciplines: Hair Hanging, Tight Wire, Contemporary Dance

Sound: Live Cello, Storytelling, Recorded Sound

Location: Indoors & Green Field Spaces

This show tours with one circus artist & one cellist (provided there is an inhouse technician)

Turk(ish) takes 4 hours to set up and 1 hour to tech.

The show can be performed twice a day with a minimum of 1 hour break between shows





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collaboration from

101 Outdoor Arts & Creation Space

Out There Arts - Great Yarmouth

NoFit State Circus - Circus Village

The Invisible Circus – Unit 15 - Bristol

Jacksons Lane Theatre - London



Turk(ish)

Director: Poppy Plowman

Creative Mentor: Charlotte Mooney - Ockhams Razor

Performers: Poppy Plowman & Zara Hudson

For Inquires & Info please contact Poppy Plowman:
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